

# BLOOD PRESSURE



Blood Pressure Check  
Hypertension Information

## **Blood Pressure Check with Emily**

Spring Arbor University  
Student Nurse Volunteer

### **Location:**

Look for Emily in the  
Multipurpose Room or at  
your activity!

**Days & Times Will  
Vary:** Wednesdays,  
Thursdays or Fridays

## **Crouch Senior Center**

1715 Lansing Avenue, Jackson, MI 49202  
Main Number: 788-4364  
Enrichment: 768-8691 or [LMead@mijackson.org](mailto:LMead@mijackson.org)