



Veterans Treatment Track Participant Handbook

Hon. Susan B. Jordan

Jackson County Adult Treatment Court

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About the Jackson County Adult Treatment Court

The Jackson County Adult Treatment Court Veterans Treatment Track is designed to supervise felony and misdemeanor veterans through a comprehensive judicially monitored program of treatment and rehabilitation services.



The Jackson County Adult Treatment Court Veterans Treatment Court Track is designed to supervise felony and misdemeanor veterans through a hybrid integration of drug court and mental health court principles to serve military veterans, and sometimes active-duty personnel. The Veteran Treatment Track promotes sobriety, recovery and stability through a coordinated response that involves collaboration with the traditional partners found in drug courts and mental health courts, as well as the Department of Veterans Affairs' healthcare networks, Veterans Benefits Administration, state Departments of Veterans Affairs, mentors and organizations that support veterans and veteran's families.

This program is designed to be very structured and will not be easy, but it is meant to help you make life changes and those never come easy. Please remember as you progress through the program that you didn't end up in the situation you're in overnight and you won't be able to correct it that fast either. It takes time, commitment, hard work and patience to reach your goals. This program is here to assist you every step of the way. Both the treatment court team and your mentor will help you in any way possible. Just always keep in mind however, that no one else should be doing more work for your benefit than you.

Qualifications for Admission

Qualifications:

1. Meet the legislated definition of “Veteran”, which provides that “Veteran” means any of the following:
 - a. A person who served on active duty in the armed forces for a period of more than 180 days and separated from the armed forces in a manner other than a dishonorable discharge.
 - b. A person discharged or released from active duty because of a service-related disability.
 - c. A member of a reserve branch of the armed forces at the time he or she was ordered to active duty during a period of war, or in a campaign or expedition for which a campaign badge is authorized, and was released from active duty in a manner other than a dishonorable discharge.
2. Be facing an adult criminal charge in Jackson County or be facing an adult criminal charge in another jurisdiction in Michigan that does not have a Veterans Treatment Court and the Veteran be a resident of Jackson County. The transfer of the veteran’s case may only occur if the veteran, defense attorney, judge and prosecutor of the transferring court and the judge and prosecutor of the JCATC all agree to the transfer.
3. Be dependent upon or abusing drugs or alcohol or suffer from a mental illness.
4. The offense or offenses are generally related to the military service of the individual, including the abuse, illegal use, or possession of a controlled substance or alcohol, or mental illness that arises as a result of service.

Disqualifications:

1. Any prior conviction involving death or serious bodily injury to an individual whether any of the circumstances are an element of the offense, or an offense that is criminal sexual conduct of any degree. MCL 600.1060(g).
2. Dishonorably discharged from service.
3. An unwarranted or substantial risk to the safety of the public or any individual.
4. Has not participated in the Jackson County Adult Treatment Court Veteran Treatment Track program within the previous 2 years.

Mission

The mission of the Jackson County Adult Treatment Court Veterans Treatment Court Track is to provide an inter-agency, collaborative, treatment strategy for Veterans in the criminal justice system, who suffer from Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), psychological issues, trauma and/or substance abuse problems as a result of having served in the armed forces

Guiding Principles

- **Equality:** To provide a program for all individuals regardless of age, disability, national origin, race, color, religion, sex, sexual orientation, ethnicity, or socio-economic status.
- **Fiscal Responsibility:** To provide a program that decreases taxpayer costs and better utilizes criminal justice resources in Jackson County.
- **Teamwork:** Provide a multi-disciplinary, multi-agency, approach to address problems associated with substance use disorder.



Mentoring Program

The mentoring program is a unique and vital component of the Jackson County Adult Treatment Court Veteran Treatment Track. The Mentor Program ensures that every participating Veteran receives the services they require by helping them navigate the system and acting as an advocate and ally. The Mentors volunteer to work directly with those in the program and serve as an extension of the treatment court team. Mentors have served in Vietnam, Korea, Operation Desert Shield/Storm, Operation Enduring Freedom, and Operation Iraqi Freedom, as well as various other duties during their military service.

Mentors serve a variety of roles, including coach, facilitator, advisor, sponsor, and supporter. Once you become part of the program, a Mentor will be assigned to you. Mentors are assigned to a participant with like service, age and experience. They listen to your concerns and problems and assist you in finding solutions. They also help you to set and achieve goals, not only as part of the program but to succeed in your personal lives. Mentors provide feedback highlighting your successes and encouraging you to become better. The bond between you and your Mentor is critical to success in the program.

Treatment Court Team

The Treatment Court Veteran Treatment Track team is composed of the following members:

Hon. Susan B. Jordan- Judge
Shelly Kosmet- Program Coordinator
Chris Bannister - Case Manager/Recovery Coach
Sandy Reynolds- Family Service and Children's Aid
Angie Shirmacher- Probation Agent
Nicole Johnson- Probation Agent
Anthony Stewart – Jackson Sheriff's Office
Amy Dickerson- Community Corrections
Meaghan McKeon- Assistant Prosecutor
Phil Curtis- Defense Attorney
Shannon Spicer- Henry Ford Behavioral Health
Chandra Bothon- Henry Ford Behavioral Health
Jamie Wright- Veteran Justice Outreach (VA)
Newell Turpel- Andy's Place

The Treatment Court judge and team work together to make decisions about your participation in the program.

Treatment Court Program Rules

As a Treatment Court participant, I understand that I am also required to abide by the following rules:

1. Do not use or possess any drugs or alcohol and do not ingest anything not made for human consumption.

Sobriety is the primary focus of this program. Maintaining an alcohol/drug free lifestyle is very important in your recovery process. This includes mood altering prescription drugs, i.e., benzodiazepines (Valium, Xanax, etc.); opiates (Tylenol 3, Percocet, Vicodin, Oxycodone etc.); and narcotics (morphine, methadone, etc.) This also includes mouth wash and cough medication. Do not use any product containing alcohol. Use of any of these substances may result in discharge from the program. You must report any prescription drugs you receive to the Treatment Court Case Manager.

2. Do not go to casinos, other gambling establishments or to places that primarily serve alcoholic beverages.

You must stay away from environments, which might trigger relapse. Do not go into casinos, racetracks, bars or restaurants, which primarily serve alcoholic beverages. It is best not to go to establishments that serve alcohol. Alcoholic beverages are a known trigger. Your presence in establishments that serve alcohol puts your future at risk!

3. Report on time to your probation agent as directed. Comply with all conditions of probation as detailed on your Probation Order(s).

4. Do NOT try to adulterate your test samples by drinking excessive amounts of water or flushing products.

A critical component of success in Treatment Court is demonstration that you are not using drugs or alcohol. You will be frequently tested. If you are caught even attempting to adulterate or flush your system to change test results, you will be SANCTIONED! If testing shows you have a low creatinine level, this will be considered evidence of flushing and a positive test! You will be SANCTIONED for low creatinine levels during tests, unless you can demonstrate a verifiable medical reason your creatinine level is not within the normal range.

5. Attend all ordered treatment sessions.

This includes individual and group counseling, educational sessions, and recovery support/recovery support meetings. If you are unable to attend a scheduled session, you must contact the treatment provider prior to the appointment and notify the Treatment Court Case Manager immediately.

6. Be on time for appointments and Treatment Court sessions.

If you are late or miss appointments or sessions, you will be considered non-compliant. You must obtain permission from Treatment Court staff in advance to be late or absent.

7. Do not make threats toward other participants or staff or behave in a violent manner.

Violent or inappropriate behavior will not be tolerated and will be reported to the Court. This could result in termination of the program.

- 8. Do not associate with known felons or anyone engaged in any behavior which constitutes a violation of any criminal law.**

Association with felons who are Treatment Court participants, group outpatient participants, or support group members is permitted during these appropriate settings.

- 9. Dress appropriately for Court and treatment sessions.**

Clothing bearing drug or alcohol related themes or promoting or advertising alcohol or drug use is not allowed. Sunglasses are not to be worn inside court or treatment center unless medically approved. Hats are not to be worn unless for religious reasons. Speak with the Treatment Court team if you need assistance with clothing.

- 10. You must attend the entire Treatment Court Session and remain seated.**

It is very important to observe appropriate behavior in court for the benefit of yourself and others present. Do not leave the court session early unless you have approval.

- 11. Comply with the curfew that Treatment Court has assigned. Remain in your residence during those hours.**

- 12. You must notify the Treatment Court staff immediately (in writing) of any change in your residence or phone number.**

- 13. You must be truthful with the Judge, Treatment Court staff and your probation agent.**

Status Review Hearings

The Review Hearing will be held every other Friday at 1:00p.m. The first session of the month will have all four phases of participants present. The second session of the month will have only the first two phases of participants present. The judge will review each participant's progress with them as well as administer any sanctions or incentives during this session. The Treatment Court team encourages participants to invite family and friends and ask any questions or voice any concerns a participant may have about his/her treatment program.

Courtroom Etiquette

Do Arrive to the review hearings 10-15 minutes early.

Do Go to the bathroom before the review hearing begins.

Do Address the judge with respect.

Do Bring your recovery support meeting attendance sheet(s) and/or other paperwork as directed by the judge or Treatment Court team.

Do Not leave the courtroom while the review hearing is in progress.

Do Not talk when the judge or participant is speaking.

Do Not swear or use profane language in the courtroom.

Do Not bring food or beverages into the courtroom.

Do Not chew gum in the courtroom.

Do Not sleep in the courtroom.

Do Not wear clothing with obscene or inappropriate language, pictures or references.

Do Not wear clothing that display gang affiliation.

Do Not wear tank tops, revealing shirts, blouses, short shorts or unbuttoned shirts.

Do Not wear hats, bandanas or sunglasses.

Do Not bring disruptive children into the courtroom.

Medication Assisted Treatment

The Jackson County Adult Treatment Court accepts participants who, with professional medical advice, voluntarily elect Medication Assisted Treatment (MAT) as part of their treatment protocol is available through state or federal public funding, Medicaid, private insurance or private pay.

In addition to traditional treatment for chemical dependency, this population works with providers with advanced knowledge of MAT/Med issues and therapy techniques. Random drug testing will be used to ensure medication compliance as well as program requirement adherence. MAT participants may be required to attend specifically designed treatment modules used to address recovery issues.

The use of medication prescribed for addictive disorders has various levels of abuse potential ranging from nonexistent risk (e.g., naltrexone) to high risk of abuse (e.g. methadone) which creates a recovery issue that requires court oversight. The Jackson County Adult Treatment Court does not provide direct medical treatment; however, the court expects Treatment.

Court participants who select MAT as part of their recovery protocol to adhere to the following treatment philosophy or be subject to discharge:

- Select a court approved credentialed addiction specialist medical professional (e.g., ASAM or SAMHSA) or physician with advanced knowledge of recovery issues.
- Use effective medications with the lowest risk of abuse for the treatment of addiction disorders or co-occurring disorders.
- Discontinue medications that are abused or diverted after the participant and/or drug court team have made reasonable efforts to increase compliance.
- Document a trial of cessation of MAT under the supervision of the previously approved credentialed addiction specialist, including the titration from medication which contain agonist properties while engaged in the Treatment Court program.
- Demonstrate treatment engagement and program compliance to achieve the goals of sustainable recovery.

Participants utilizing MAT must authorize communication between the court and all medical professionals writing prescriptions for that participant, to guard against the issue of unnecessary drug seeking behavior.

Treatment Procedure

The clinical director will assess the level and intensity of treatment that will best meet the participant's needs. A recommendation will be made to the Treatment Court judge indicating that the participant should receive detoxification, residential or intensive/outpatient treatment. If admitted to a residential treatment program, the treatment plan will include the requirements of that program. If not admitted into residential treatment, a treatment plan will be developed by the clinical director as a guide for the initial treatment phase. The plan will be maintained and updated as the participant progresses through the program.

Recipient Rights

When you receive mental health services your rights are protected by Michigan's Mental Health Code and many other Federal and State Laws. Staff are responsible for acting in a manner that protects your rights when they provide services to you. If you do not understand your rights, or if

you have questions about your treatment, you should ask the staff. If you believe that your rights have been violated, you should tell the Rights Advisor/Officer at the location where you are receiving services.

Levels of Treatment

The treatment experience for each Treatment Court participant will differ depending on their own circumstances. Each participant will work with their treatment provider to prepare an individual treatment plan to map out a successful recovery journey designed to meet their unique issues.

The following services are available through community-based treatment partners:

Detoxification Services – Assists participants in withdrawing from drugs, including alcohol. There are both medical detox facilities (acute detox) which have physician supervision and social detox facilities (sub-acute detox) which is non-medical detoxification in a treatment setting or other safe environment.

Inpatient Treatment - Residential inpatient treatment to treat alcohol/drug issues for a specific number of days depending on the progress of the individual. This is a concentrated intervention program that consists of therapy, education, and activities for detoxified alcoholics and addicts.

Intensive/Outpatient Treatment – Consists of group and individual treatment services of varied duration and intensity for chemically dependent participants in a non-residential setting. Participants will be given the level of outpatient treatment required for their circumstances and that level of care will change as indicated by their level of change toward recovery.

Aftercare Treatment – Consists of individual treatment services once per month to review adherence to the Relapse Prevention Plan. In addition, participants will be required to attend aftercare group meetings or events as directed.

Treatment Provider Co-Pays

Treatment is provided by several care providers in Jackson. Although most of the costs involved are covered by insurance or other funding, you might encounter Co-Pay charges. Unless the Treatment Court indicates otherwise, you will be responsible for those charges. If you have serious financial difficulties, please advise the treatment provider and Treatment Court staff.

Phases, Graduation & Termination

All Treatment Court participants will be offered a comprehensive and integrated program of drug treatment and habilitation services, to be supervised by the Treatment Court Judge. The program requires a minimum of 12 months of participation before successful completion.

Your time in the program starts after completing orientation unless you are in jail. If you are in jail, the program starts when you are released. The Phase requirements are as follows.

ADVANCEMENT CRITERIA IN GENERAL

To advance in the program, you must make progress and follow all the rules. Sometimes participants fail to advance because they are not making any progress in paying or working off fines/costs/restitution, missing treatment appointments or failing to turn meeting sheets.

Phase/Days	Requirements & Advancement Criteria
<p><i>I – Stabilization</i></p> <p style="text-align: center;"><i>90 Days</i></p>	<ul style="list-style-type: none"> ● SUD treatment (residential, detox, IOP, OP) as determined by the team. ● A minimum of five recovery support meetings per week ● Meet with CM 1x per week. ● Report to probation agent 2x month ● Obtain a sponsor/mentor. ● Attend any other required treatment such as psychotherapy, anger management, MRT, Staying Quit, Back to Basics, job training and GED. ● Drug test minimum 2x per week*; Free from positive drug test results for 30 consecutive days ● Attend mandatory Treatment Court status hearings. ● Free from unexcused absences from scheduled services for 30 consecutive days ● Subject to unannounced home/employment checks and home/vehicle searches to identify threats to recovery or personal safety
<p><i>II – Abstinence</i></p> <p style="text-align: center;"><i>90 Days</i></p>	<ul style="list-style-type: none"> ● Continue SUD treatment as directed. ● Meet with CM as directed/needed. ● A minimum of five recovery support meetings per week ● Report to probation agent as directed/needed. ● Maintain a sponsor/mentor. ● Drug test minimum 2x per week*; Free from positive drug tests for 30 consecutive days ● Attend mandatory Treatment Court status hearings. ● Free from unexcused absences from scheduled services and/or activities for 30 consecutive days ● Attend any other required treatment such as psychotherapy, anger management, MRT, Staying Quit, Back to Basics, job training and GED. ● Subject to unannounced home/employment checks and home/vehicle searches to identify threats to recovery or personal safety
<p><i>III – Pro-Social</i></p> <p style="text-align: center;"><i>90 Days</i></p>	<ul style="list-style-type: none"> ● Meet with CM as directed/needed. ● Report to probation agent as directed/needed. ● A minimum of three recovery support meetings per week

	<ul style="list-style-type: none"> • Attend any other required treatment such as psychotherapy, anger management, MRT, Staying Quit, Back to Basics, job training and GED. • Drug test minimum 2x per week; Free from positive drug tests for a minimum of 60 days • Attend mandatory Treatment Court status hearings. • Free from unexcused absences from scheduled appointments or services for 60 consecutive days. • Subject to unannounced home/employment checks and home/vehicle searches to identify threats to recovery or personal safety.
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<i>IV – Prevention</i> <i>90 Days</i>	<ul style="list-style-type: none"> • Meet with CM as directed/needed. • Report to probation agent as directed/needed. • A minimum of three recovery support meetings per week • Attend any other required treatment such as psychotherapy, anger management, MRT, Staying Quit, Back to Basics, job training and GED. • Drug test minimum 2x per week; Free from positive drug tests for a minimum of 90 days • Attend mandatory Treatment Court status hearings. • Free from unexcused absences from scheduled appointments or services for 90 consecutive days • Subject to unannounced home/employment checks and home/vehicle searches to identify threats to recovery or personal safety.
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Successful Completion

Once all requirements have been met and your graduation application has been completed and submitted, the Treatment Court team will review the application to ensure you have sufficiently integrated the necessary tools to support long-term recovery. Graduation recommendations will then be approved by the judge and a formal ceremony will be conducted at the Treatment Court status hearing. During the ceremony, the Treatment Court judge will present a signed certificate of completion and an incentive credit of \$100.00 towards fines/fees to each graduate at which time you are expected to speak about your Treatment Court experiences.

Charge Reduction

Some participants in Treatment Court will have their charges reduced or dismissed if they successfully complete the program. This must be part of your plea agreement with the Prosecutor. You do not automatically have felony charges removed just because you are successful in the Treatment Court program. Be sure to discuss this issue with your attorney.

Termination

VOLUNTARY TERMINATION

A participant may petition the Court for termination from Treatment Court. The court may enter a termination order if it is determined that the request is knowingly and voluntarily made. The court will return the case to the referral court for further proceedings.

INVOLUNTARY TERMINATION

A participant will be terminated from the program if they are convicted of a felony that occurred after admittance in the Treatment Court program (MCL 600.1074) Participants may be terminated for willful failure or inability to comply with the terms and conditions of the Treatment Court. The Court will consider the following factors: the nature of the violation, the time the participant has been in the program, the number of previous violations, the participant's criminal history, whether we believe you can succeed in the program, the participant's desire to achieve sobriety and whether the nature of the violation would have initially precluded the participant from being accepted into the program. On finding a probable probation violation, the Treatment Court Judge may remove a participant from the program, schedule and conduct a probation violation hearing with a right to counsel and impose an appropriate sentence.

ADMINISTRATIVE DISCHARGE

If a participant cannot complete the treatment court program, through no fault of his/her own, they may be administratively discharged. Examples of reasons for an administrative discharge include mental illness or a medical necessity. The court may enter an order of termination and return the case to the referral court for further processing.

Due Process

Treatment court termination hearings and sanction hearings involving a liberty interest where the participant is contesting the facts of the violation require procedural protections under due process and under MCR 6.445, including, but not limited to the following:

- a) The court must hold a hearing similar to an arraignment hearing,
- b) The court must ensure that the participant receives written notice of the alleged violation,
- c) The court must advise the participant that the participant has a right to contest the charge at a hearing, and
- d) The court must advise the participant that the participant is entitled to a lawyer's assistance at the hearing and at all subsequent court proceedings, and that the court will appoint a lawyer at public expense if the participant wants one and is financially unable to retain one.

Incentives, Sanctions, and Therapeutic Adjustments

The Treatment Court program has guidelines of behaviors which may elicit an incentive, sanction, or therapeutic adjustment. Participants receive consequences that are equivalent to those received by other participants in the same phase of the program who are engaged in comparable conduct. The Treatment Court Team meets twice monthly, with the defense attorney present to discuss and have a recommendation for the court before status review hearings. The Treatment Court team reserves a reasonable degree of discretion to modify a presumptive consequence considering the circumstances presented in each case.

THERAPEUTIC ADJUSTMENTS- Participants do not receive punitive sanctions if they are otherwise compliant with their treatment and supervision requirements but are not responding to the

treatment interventions. Under such circumstances, the appropriate course of action may be to reassess the individual and adjust the treatment plan accordingly. Adjustments to treatment plans are based on the recommendations of duly trained treatment professionals.

INCENTIVES - The reward process recognizes the positive achievements of Treatment Court participants as they progress through the phases of the program, from active addiction to sobriety. Behavioral changes that may result in a reward are discussed by the team and recommended at the status review hearing. Rewards may take many forms and will be consistent with the goals and objectives of the participant's treatment plan. Achievements and rewards may include, but are not limited to, the following:

PHASE PROMOTION

- When you move from Phase I to Phase II, you are given a \$50.00 credit off fines and fees.
- When you move from Phase II to Phase III, you are given a \$50.00 credit off fines and fees.
- When you move from Phase III to Phase IV, you are given \$50.00 credit off fines and fees.

PRIZE WHEEL

Behaviors that may lead to a prize wheel nomination: <ul style="list-style-type: none">• Volunteer work• Assisting fellow program participants• Work and school achievements• Significant lengths of sobriety• Attendance and participation in support meetings• Completing treatment	Prizes Include: <ul style="list-style-type: none">• Gift Certificates• Fuel Cards• Prize bin• 4 hours of community service• Early release from court session• Lunch with ATC Team
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SERVICE AWARD

The team will nominate a participant/s who have gone above and beyond regarding volunteer work. If selected you, will receive:

- \$50.00 off fines and fees and
- Certificate of Achievement

LEADERSHIP AWARD

The team will nominate a participant/s who have taken a leadership role within the recovery community. If selected, you will receive:

- \$100.00 off fines and fees and
- Letter of Commendation from Judge

GRADUATION

Once you have successfully completed the requirements of the Adult Treatment Court program and turned in your graduation application, you will be honored at the next graduation ceremony where you will receive:

- Framed certificate of completion
- \$100.00 off fines and fees

SANCTIONS – Non-compliance is addressed at the status review hearing. Since sanctions are most effective when applied immediately, participants violating the terms and conditions of their

enrollment in Treatment Court will be required to report in person to the next scheduled Treatment Court review hearing. Thus, the non-compliance issue(s) can be addressed as early as possible.

The sanction grid listed below are typically what you should expect for various behaviors while a participant in the Adult Treatment Court program. Individual sanctions may be modified based on your history, phase level, treatment needs, risk and needs level and may vary from the grid below. The goal of the Treatment Court team is to provide a sanction that will stop a behavior from reoccurring. This chart does **NOT** cover every violation, just the most common, and is simply a guideline used by the Treatment Court team.

SANCTION GRID

Behavior	1st Incident	2nd Incident	3rd Incident
Missed court appearance.	Jail (1-5 Days)	Increase in jail time	Increase in jail time, termination
Non-compliance with probation/case manager	Verbal warning	Increase in reporting	Show-cause hearing
Incomplete support meetings	Verbal Warning and make up meetings	Written assignment and double meetings	14 support group meetings in 14 days
Not completing previously imposed sanction	Verbal Warning and double sanction	Reviewed by team on case-by-case basis	Reviewed by team on case-by-case basis
Missed drug screen.	Treated as positive drug screen	Treated as positive drug screen	Treated as positive drug screen
Diluted drug screen	Verbal Warning	Treated as positive drug screen	Treated as positive drug screen
Falsifying/tampering with drug screen	Jail (1-30 Days)	Termination	Termination
Positive drug screen	Increase in support meetings, 8 hours of community service	Writing assignment and increase in testing for 2 weeks, increase in community service	Increase in court attendance, increase in testing for 4 weeks, extra 30 days in current phase
Missed treatment session.	8 hours of community service	16 hours of community service	Jail (1-7 Days)
Inappropriate behavior at treatment facility	Letter of apology	Unsuccessful discharge from treatment	Termination
Non-compliance with treatment plan	Verbal Warning	Meet with Case Manager and Clinician	Unsuccessful discharge from treatment
Unauthorized travel	16 hours of community service	Jail (1-7 Days)	Increase in jail time
Forging support meeting documents	Increase in support meetings	Jail (1-7 Days)	Increase in jail time
Absconding supervision	Jail (1-30 Days) or termination	Termination	Termination
New criminal charge or conviction	Reviewed by team on case-by-case basis	Termination	Termination

Costs and Community Service

There are no program participation fees assessed to participants to ensure financial barriers do not interfere with completion, and to ensure those with lower socioeconomic status receive the same opportunity and access to treatment.

Participants may be required to perform community service either as a term of probation or as a sanction for program violations. Participants that are financially unable to pay court fines/fees may pay for them through community service at a rate of \$15.00 per hour worked. A community service form must be signed by a member of the organization to verify hours worked and submitted to the case manager or probation agent to receive credit. Community service must be completed at an approved nonprofit organization. See the case manager or probation agent for a list of approved non-profit organizations.

Recovery Support Meetings

A major part of understanding addiction and healing process will involve recovery support meetings. You must attend meetings at least five times a week in phase I and II and three times a week in phase III and IV. We suggest that you start right away. You **MUST** bring in attendance sheets to the Treatment Court Team. To assist you in choosing the right meeting place or group, we will provide a list of groups, locations and times of the meetings.

Alcohol

You are not to use, possess, or consume any controlled substances and/or products that contain alcohol. It is your responsibility to provide prescription information to the Treatment Court staff immediately. Information about drug and alcohol products and products to avoid are provided. You are responsible for reading labels of products to ensure they don't contain alcohol (including mouthwash and cough medication). Further, remember you are prohibited from being in a place where the sale of alcoholic beverages for consumption on the premises is a major part of that location's business.

Recreational Marihuana, CBD and Designer Drugs

The Jackson County Adult Treatment Court prohibits using/possessing recreational marihuana, non-prescription cannabinoids (CBD) or designer drugs in any form such as but not limited to; Bath Salts, Flakka, Spice/K2, Synthetic Marihuana, and U4. Any use/possession of these substances is inconsistent with program goals and may result in program sanction or termination.

Medical Marihuana

The Jackson County Adult Treatment Court program seeks abstinence of marihuana among participants by taking corrective actions in response to marihuana use however, a subset of participants may be permitted to use prescribed marihuana by demonstrating medical necessity. To be authorized to use medical marihuana while participating in the JCATC program, a participant must file a motion to have a hearing before the court. At the hearing, the court will consider the relevant factors of the case and make a finding on the record. The relevant factors the court will consider include (1) the circumstances of the offense, (2) the participant's substance use disorder (SUD), (3) the extent that marihuana may have played a role in the SUD, (4) the nature and severity of the medical condition, and (5) other options for treating the underlying condition(s).

The court will also examine if the participant requesting the use of medical marihuana has a "bonafide physician-patient relationship" with the prescribing physician. As defined by statute, that

means the physician has reviewed the participant's medical records, completed a full assessment of the participant's medical history, created and maintained records of the participant's condition in accordance with medically accepted standards and there is a reasonable expectation that the physician will do follow-up with the patient.

Prohibited Substances

INCIDENTAL INGESTION OF SUBSTANCES THAT PRODUCE A POSITIVE DRUG TEST

Urine testing detects "non-target" compounds such as amphetamines, benzodiazepines and opiates. Since we consider every positive drug test a violation, you should avoid the use of foods or products that contain these substances. Some examples:

Poppy seeds: Poppy seeds contain trace amounts of both codeine and morphine and can cause positive drug test results for the "opiates" class.

Diet pills: Some diet pills contain amphetamines and can cause a positive drug test for amphetamine-based compounds.

Allergy or cold medications: Some allergy and cold medications contain codeine and can cause a positive drug test for opiate-based compounds.

INCIDENTAL ALCOHOL EXPOSURE

To preserve the integrity of the Treatment Court testing program, please refrain from the use of the following alcohol-containing products:

Cough syrups and other liquid medications: Nyquil® and other cough syrup brands and numerous other liquid medications rely upon ethyl alcohol as a solvent. Please read product labels carefully to determine if they contain ethyl alcohol (ethanol). All prescription and over-the-counter medications should be reviewed by your case manager before use. Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol cough and cold remedies are readily available at most pharmacies and major retail stores.

Non-alcoholic beer and wine: Although legally considered non-alcoholic, NA beers such as O'Doul's® and Sharps® do contain a residual amount of alcohol.

Food and other ingestible products: There are numerous other consumable products that contain ethyl alcohol that could result in a positive test for alcohol. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts, such as ginkgo biloba, could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, kombucha and flambé dishes (alcohol poured over a food and ignited such as cherries jubilee and baked Alaska) should be avoided. Please read labels carefully on any liquid herbal or homeopathic remedy.

Mouthwash and breath strips: Most mouthwashes, such as Listerine®, Listermint® and Cepacol®, and other breath-cleansing products contain ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips should be avoided. Non-alcohol mouthwashes, such as ListerineZERO ®are readily available and are an acceptable alternative.

Hand sanitizers: Hand sanitizers, such as Purell® and Germ x®, and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. Excessive, unnecessary or repeated use of these products could result in a positive urine test. Handwashing with soap and water are just as effective for killing germs.

Hygiene products: Aftershaves and colognes, hair sprays and mousse, astringents, such as Calamine® lotion and Witch Hazel®, insecticides, such as Off® bug spray, and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products (or their breakdown products) would result in a positive test for alcohol, excessive, unnecessary or repeated use of these products could affect test results. Please use such products sparingly to avoid reaching detection levels.

Solvents and lacquers: Many solvents, lacquers and surface preparation products used in industry, construction and the home contain alcohol. Both excessive inhalation of vapors and topical (skin) exposure to such products can potentially cause a positive test result for alcohol. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. If you are employed where contact with such products cannot be avoided, please discuss this with your case manager. Do not wait for a positive test result to do so.

REMEMBER, YOU ARE RESPONSIBLE FOR WHAT GOES INTO OR ON YOUR BODY. WHEN IN DOUBT, DO NOT USE, CONSUME OR APPLY.

Acceptable Medications

The Following Are Usually Acceptable Medications:

<p><u>Pain Relievers</u></p> <ul style="list-style-type: none">• Ibuprofen (Advil, Motrin, etc.)• Naproxen (Aleve, Naprosyn, etc.)• Aspirin • Tylenol • Excedrin <p><u>Antihistamines and Cough Suppressants</u></p> <ul style="list-style-type: none">• Claritin • Clarinex • Allegra • Zyrtec• Delsym (non-alcoholic/Pediatric)• Mucinex (can't be D or DM)	<p><u>Prescription Pain Relievers</u></p> <ul style="list-style-type: none">• Imitrex • Maxait • Celebrex • Arthrotec• Neurontin • Lyrica • Mobic • Toradol <p><u>Muscle Relaxers</u></p> <ul style="list-style-type: none">• Robaxin • Skelaxin • Norflex • Baclofen• Zanaflex <p><u>All Antibiotics</u></p>
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*At times, individuals in recovery need to be maintained on psychiatric or medications for chronic pain issues, but the decision to do so should be made jointly by the patient's psychiatrist, treating physician and therapist. Drugs prescribed to control psychiatric disorders and pain issues should be used only with caution and a very secure diagnosis.

List of Medications to Avoid Taking

The following is a partial list of medications and preparations which, are generally considered to be UNSAFE for those who are recovering from the disease of Chemical Dependence (alcoholics and drug addicts):

1. Benzodiazepines and other tranquilizers- Valium, Librium, Librax, Limbitrol, Tranzene, Dalmane, Serax, Xanax, Klonopin, Halcion, Ativan, Versid, Miltown, Equanil, Equagesic, Soma, buspirone, and others.
2. Barbiturates and other sedatives- Phenobarbital, Nembutal, Seconal, Fiorinal, Esgic, Donnatal, Doriden, Placidyl, Chloral Hydrate, Ambien, Sonata and others.
3. Narcotics- Morphine, Demerol, Dilaudid, Dolophine (methadone), Percodan, Duragesic (fentanyl), Tylox, Synalgos-DC, Codeine (Tylenol # 3, etc.), Talwin, Wygesis, Vicodin, Lortab, Lorcet, Nabin, Oxycontin, Oxycodone, Stadol, Ultram or Tramadol, and others.
4. Amphetamines and other stimulants- Dexedrine, Benzedrine, Fastin, Ionamin, Tenuate, Ephedrine, Ritalin, Cylert, Adderall and others.
5. Decongestants or weight-control preparations which contain Ephedrine, Pseudoephedrine, Phenypropylamine or other non-medicinal products or non-FDA approved supplements.

We advise participants to **NOT** use **ANY** preparations which contain alcohol or ethanol. This includes most cough preparations, mouthwashes, colognes, perfumes, and aftershaves.

You must read the labels! Anything with alcohol is prohibited.

Case Management

The Case Manager assists participants in setting and attaining goals, identifying and overcoming barriers to recovery, connecting to services and resources, and monitoring participant progress in all aspects of the treatment court program. The case manager will communicate with service providers, monitor participant progress in services, and will make recommendations to the team.

Participants in Phase 1 must meet with the case manager 1x per week and participants in phase 2 a minimum of 2x per month. Participants in phases 3 and 4 must meet with the case manager a minimum of 1x per month. Meetings may be increased for noncompliance or lack of progress in the program.

Probation

The Probation Agent's role is to monitor compliance with court orders and terms of probation.

Once sentenced, participants are supervised by a Michigan Department of Corrections Probation Agent and must comply with all terms of probation imposed at sentencing including reporting at the frequency required by the agent for a minimum of 24-months.

Participants must advise their probation agent of any change in address, phone number, or medications within 24 hours; report any emergency room visits, hospitalizations, and medical procedures; report any police contact within 24 hours of event or release from jail and provide any verification requested. This is not an exhaustive list of probation terms; participants should carefully review the terms of their probation and rules of the treatment court.

Travel & Curfew

You are not to leave the State of Michigan for any duration of time, unless you have prior approval from the Case Manager, Probation Agent, and Judge.

The Treatment Court or Probation Agent may assign you a curfew while in phase I and/or II. Your curfew must be complied with unless prior permission is obtained.

Search and Arrest Requirements

As a participant in the Treatment Court program, you are required to submit your person, vehicle, place of residence or area to search and seizure of stolen property, drugs or other contraband at any time of the day or night with or without a search warrant, without prior notice and without probable cause by any Treatment Court staff, probation agent or peace officer.

Ignition Interlock Program

As a treatment court or Veterans Treatment Court Track participant, you may have the ability to be granted a restricted driver's license with an interlock device for driving impaired offenses. There is a mandatory waiting period after a driving impaired conviction, and reinstatement of driving privileges is at the discretion of the treatment court team. The Treatment Court administrator will run an inquiry with the Secretary of State to determine if you are eligible for restricted driving privileges with an interlock device. If the treatment court team determines the Interlock Program is appropriate, the participant must have an interlock device installed by an approved manufacturer and bring the original certificate of installation to the Treatment Court office. All forms will be faxed to the Secretary of State to conduct a final review of your driving record. If deemed eligible, the Secretary of State will mail you a restricted license. You may not drive until you receive this restricted license in the mail.

The Treatment Court is obligated to report to the Secretary of State if a person driving with a sobriety court restricted license has been found to have operated a vehicle that was not equipped with an interlock device; tampered with, circumvented, or removed an interlock device without prior court approval; is charged with a new driving impaired offense; is unsuccessfully discharged from the treatment court; or has successfully completed the treatment court program.

Family Support

The Treatment Court Team believes family should be included in the process of recovery. Your wife/husband/significant other or someone who cares deeply for you can ask the Treatment Court Team to meet with them for assistance if they desire. The Jackson County Adult Treatment Court will also provide them with information on other locations they can go to for further support.

Warrant

If a warrant is issued for a participant, the participant will be permanently removed from the program 60 days after the warrant is issued if the participant has not been arrested or turned themselves in.

Program Evaluation

Data analysis will be conducted annually by the outside evaluator to ensure compliance with best practices. Additionally, the evaluator will work with staff, partners, and stakeholders to interpret results to address any quality and performance improvement opportunities. The evaluator compiles data from DCCMIS, DCAS and focus group forums to compose a report that consists of program data, inferential analysis, and participant perceptions. The report provides progress toward the program's goal and objectives and identifies potential issues.

The Jackson County Adult Treatment Court program has also implemented exit and follow-up surveys to evaluate program operations and outcomes. These evaluations are described below.

Exit Survey

All participants of the Jackson County Adult Treatment Court program will be provided with an exit-survey upon leaving the program, successfully or unsuccessfully. The survey will be provided to the individual at the time of discharge and is completely voluntary.

The completed exit surveys will be stored in the Adult Treatment Court office. The data will be used to evaluate target population, discharge reason, employment status, treatment status, and participant needs and/or insights.

Follow-up with successful discharges

Prior to a participant's successful discharge from the Adult Treatment Court Program, information regarding a post program evaluation survey will be provided. This program is completely voluntary and is not an extension of the court's jurisdiction. Those that choose to participate will sign the Post Program Agreement form. The surveys will be sent out annually in September and each survey will provide the participant an opportunity to opt out of participation.

Confidentiality

You must sign a "Consent for Disclosure of Confidential Substance Abuse Information". This disclosure of information is for the sole purpose of hearings and reports concerning your specific Treatment Court case. Not signing or cancellation of your consent prior to graduation for any reason will be grounds for termination from the Treatment Court program.

You will also be asked to sign a consent form regarding the court proceedings. This will acknowledge there will be in-court discussions about your case which will be recorded and are not confidential. By signing this form, you agree to open discussion in the courtroom. Also, you will be giving consent for the use of your graduation video for public service purposes and for other such uses as may be determined by the Treatment Court Judge.

Confidentiality of Alcohol and Drug Abuse Patient Records

The confidentiality of alcohol and drug abuse patient records maintained by this program is protected by Federal law and regulations. Generally, the Program may not say to a person outside the Program that a patient attends the Program, or disclose any information identifying a patient as an alcohol or drug abuser unless:

- (1) The patient consents in writing:

- (2) The disclosure is allowed by a court order; or
- (3) The disclosure is made to medical personnel in a medical emergency or to qualified personnel for research, audit, or program evaluation.

Violation of the Federal law and regulations by a program is a crime. Suspected violations may be reported to appropriate authorities in accordance with Federal regulations. Federal law and regulations do not protect any information about a crime committed by a patient either at the program or against any person who works for the program or about any threat to commit such a crime. Federal laws and regulations do not protect any information about suspected child abuse or neglect from being reported under State law to appropriate State or local authorities. See 42 U.S.C. 290dd-3 and 42 U.S.C. 290ee-3 for Federal laws and 42 CFR part 2 for Federal regulations.)

Treatment Court Staff Contact Information

Contact the following numbers if you have questions or need to provide updated information.

Shelly Kosmet
Office 517.768.8517
Fax 517.208.2803
skosmet@mijackson.org

Chris Banniser
Cell 517.414.6147
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cbannister@mijackson.org

Additional resources available at
<https://www.mijackson.org/AdultTreatmentCourt>