

Food and Nutrition Programs

Commodities:

South Central Community Action Agency **Toll-free:1-877-422-2726**

Distribution from Salvation Army

806 E. Pearl St.

Jackson, MI 49201

CSFP (Commodity Supplemental Food Program):

Service: State funded program for seniors that provides nonperishable food once per month for those meeting low-income guidelines. CSFP recipients automatically qualify for TEFAP, also- see below.

Eligibility: 60 or older, Jackson resident, income less than 130% poverty.

Distribution and Application: second Thursday most months (call to confirm), 10 AM-1 PM, at Salvation Army. Bring proof of income and ID to apply. Drive thru distribution currently.

TEFAP (The Emergency Food Assistance Program):

Service: Federal funded program for low-income clients (seniors and non-seniors) that provides mostly non-perishable food every 3 months. Income guidelines are not as strict for seniors as for CSFP.

Eligibility: Jackson resident, no age restrictions, and income less than 200% poverty level.

Distribution and Application: second Thursday of February, May, August, and November, 10 AM-1 PM, at Salvation Army. Bring proof of income and ID to apply. Drive thru distribution currently.

Community Food Pantries:

First Church of the Nazarene

782-7084

3905 Clinton Rd.

Jackson, MI 49201

Service: **Food Pantry** provides non-perishable food, open 1st and 3rd Saturdays.

Eligibility: no eligibility requirements, but photo ID required.

Hours: 1st and 3rd Saturdays, 9AM – 11:15AM drive thru service currently.

Immanuel Lutheran Church

782-6081

1505 W. Michigan Ave.

Jackson, MI 49202

Service: **Food Pantry** provides non-perishable food, open weekly.

Eligibility: no eligibility requirements, but ID required.

Hours: Saturdays, 9:15AM - 11:30 AM.

Continued
517-962-1005

Jackson Community Food Pantry

701 Greenwood Ave.

Jackson, MI 49201

Service: **Food Pantry** provides non-perishable food, open weekly.

Eligibility: no eligibility requirements, but ID required.

Hours: Wednesdays 4PM – 6 PM, drive thru service currently, enter at South Jackson St. entrance

Salvation Army

782-7185

806 E. Pearl St.

Jackson, MI 49201

Service: Emergency food for those in need.

Eligibility: not served within past 60 days. Bring photo ID for adults, and social security card for all children under age 18 in home.

Hours: Mon-Thursdays 10AM – 12 NOON.

Contact **Central Michigan 211** (simply dial “**211**”) for other food pantries throughout Jackson County.

Department of Health and Human Services

780-7400

301 E. Louis Glick Highway

Jackson, MI 49201

Service: Food Assistance Program (FAP) is Michigan’s name for the federal Supplemental Nutritional Assistance Program (SNAP) or former Food Stamp program. It provides an EBT (Electronic Benefits Transfer) card like an ATM card for use at local grocery stores to individuals meeting low-income and other eligibility requirements.

Eligibility: low-income, and assets (savings, investments) less than \$5,000.

To apply: Assistance in DHHS office is available for completing application, or call **MI Café at 1-877-664-2233** Monday-Thursday 9 AM-3 PM for start of phone application.

Jackson County Department on Aging

788-4364

1715 Lansing Ave.
Jackson, MI 49202

Meals on Wheels:

Service: delivers well-balanced meals (no added salt) to homebound seniors residing in Jackson County.

Eligibility: 60 or older, resident of Jackson County, and homebound.

Fee: suggested donation of \$2.50 per meal.

Congregate Meals: Jackson County Department on Aging

Service: well-balanced noon time dinner in community setting, with special activities available (see “social and recreational” section.) A second, evening cold meal is available to take home 2 days a week for seniors who eat lunch at a nutrition site and have reserved the second meal. Eight different locations in county.

Eligibility: 60 or older and Jackson resident.

Fee: suggested donation of \$2.50 per meal.

Call 768-8684 One Day in Advance to Make Your Meal Reservation!

Jackson County Dept on Aging - Congregate Meal Sites:

Crouch Senior Center

788-4364

1715 Lansing Ave.
Jackson, MI 49202

Monday-Friday
8 AM – 4 PM

noon meal
Meal Reservation 768-8684

Spring Arbor Senior Center

750-1010

122 Starr St.
Spring Arbor, MI 49283

Monday-Friday
10:00 – 1:30

noon meal
Meal Reservation 768-8684

Grass Lake Senior Center- Food with Friends

522-8466

373 Lakeside Drive
Grass Lake, MI 49240

Tues., Wed., Thursday
10 – 2 pm

noon meal
Meal Reservation 768-8684

King Recreation Center- Food with Friends

788-4067

1107 Adrian St.
Jackson, MI 49203

Monday-Friday
10:30 – 1:30

noon meal
Meal Reservation 768-8684

Michigan Center

764-2950

St. Aidan’s Episcopal Church
361 E. Grove St.
Michigan Center, MI 49254

M W F
10:30 AM- 2:30 PM

noon meal
Meal Reservation 768-8684

Napoleon Township Hall **536-8694**
6755 Brooklyn Rd. Tuesday and Thursday noon meal
Jackson, MI 49201 10:30 – 1:30 **Meal Reservation 768-8684**

Norvell (*voting building*) **536-8694**
300 Mill Street Monday, Wed, Friday noon meal
Norvell, MI 49263 10:30 – 1:30 **Meal Reservation 768-8684**

Park Forest **787-9750**
3300 Spirea Ct. Monday-Friday noon meal
Jackson, MI 49202 10:30 – 1:30 **Meal Reservation 768-8684**

Jackson Interfaith Shelter **789-8735**
414 S. Blackstone St.
Jackson, MI 49201
Service: Provides packaged meals distributed 3 times per day at 7:30 AM,
12 noon and 5 PM.
Eligibility: open.
Fee: donations accepted.

Nutrition Counseling:

In-Home Medical Nutrition Therapy
WellWise (Region 2 Area Agency on Aging) **592-1974**

P.O. Box 189
102 N. Main St.
Brooklyn, MI 49230
Service: counseling with a registered dietician to instruct in nutrition and
special diets. Telehealth instruction currently.
Eligibility: client needs a diagnosis of diabetes or stage 3 or 4 renal failure,
and must have Medicare B insurance. Some exceptions may be made on
case by case basis and if funding is available.
Contact: Martha York